

## FIND YOUR FESTIVAL

Are you looking for more calm or a bit of craziness to amp up the fun? Our festivals cover the gamut.



### FIRE AND ICE WINTERFEST

First full weekend of February  
[FireIce.LavaHotSprings.org](http://FireIce.LavaHotSprings.org)

This zany weekend includes a torchlight parade, a polar float, running of the bulls, and much more craziness than we can list here! Safe and fun for the whole family, this can't-miss event will cure your cabin fever.

### WELLNESS FESTIVAL

Held in May every year  
[Wellness.LavaHotSprings.org](http://Wellness.LavaHotSprings.org)

Create space for your own well-being during this one-day festival, which features guest speakers, wellness workshops, and amazing opportunities to connect with nature.

### OKTOBERFEST

First full weekend in October  
[Oktoberfest.LavaHotSprings.org](http://Oktoberfest.LavaHotSprings.org)

Prost! This beer-filled weekend is like a mini trip to Bavaria, with plenty of German food, music, kids events, and contests (non-alcoholic beer will be on tap, too).

## SEE MORE SIGHTS

Lava Hot Springs is beautifully situated against the backdrop of the Bannock and Portneuf Mountains, and the surrounding area is a haven for recreational enthusiasts and history lovers.

Distance from Lava Hot Springs, Idaho	Miles
Bear Lake State Park	90
Boise, Idaho	272
Chesterfield, Idaho	22
City of Rocks	242
Craters of the Moon	138
Crystal Hot Springs	90
Downata Hot Springs	33
Grace, Idaho	20
Grand Teton National Park	131
Jackson, Wyoming	130
Logan, Utah	84
Maple Grove Hot Springs	40
National Oregon Trail Center	51
Pebble Creek Ski Area	27
Pocatello, Idaho	35
Ogden, Utah	120
Soda Springs, Idaho	23
Salt Lake City Intl. Airport	157
Sun Valley, Idaho	226
West Yellowstone, Montana	191
Yellowstone National Park	206

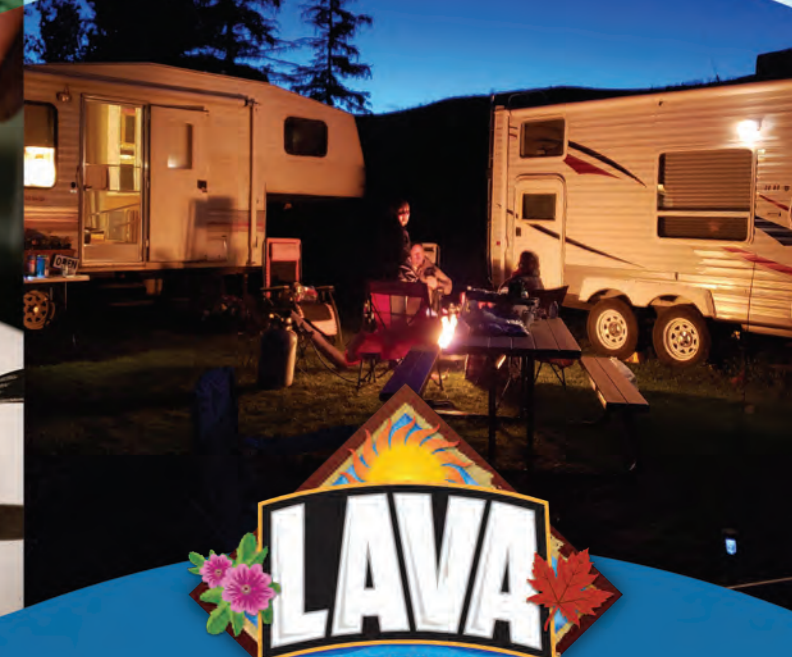
## THOUSANDS OF YEARS OF HISTORY

The Lava Hot Springs story starts centuries ago and far underground, when the earth's natural volcanic activity created a geothermally heated spring that bubbled out of the earth.



In time, the indigenous Shoshone and Bannock people made this area one of Idaho's earliest gathering places. They fished for salmon in the Portneuf River, hunted wildlife along its banks, and restored themselves in the odor-free waters of the springs. The same bounty that attracted the native peoples also brought fur trappers and traders in the 19th century, including Irish immigrant Bob Dempsey. Dempsey married Margaret, a relative of the legendary Lemhi chief Tendoy, and settled with their eight children in what would be known as Dempsey.

By 1915, Lava Hot Springs was an incorporated town serviced by rail, including a direct line to the hot springs themselves. Eventually, the town grew to accommodate the increasing numbers of tourists who flocked to the waters — and guests have been enjoying the town's four seasons of fun ever since.



LAVAHOTSPRINGS.ORG  
 LAVA HOT SPRINGS, ID 83246  
 208-776-5500

THE VISITOR'S GUIDE TO  
 LAVA HOT SPRINGS



## SOMETHING NEW EVERY SEASON

Our celebrated hot springs draw soakers from all over the country, but once you get out of the pool there's so much more to explore — no matter the season, there's plenty of fun to be had! Let's plan your adventure.

Photo Credit: Idaho Tourism



# TOP 10 THINGS TO DO

- 1 OUR WATERS ARE WONDERFUL**  
We've been a wellness destination for centuries because of our powerfully therapeutic mineral waters. Unlike many hot springs, they don't have a lingering sulfur smell — just soothing properties and the perfect temperature for pain relief.
- 2 STRESS DOESN'T STAND A CHANCE**  
Our region lives up to its reputation as one of Idaho's health and wellness capitals with multiple massage therapy and spa providers. Pair your soak with additional services for the ultimate in relaxation.
- 3 YOU CAN ZIP THROUGH TOWN**  
Get a bird's eye view of beautiful scenery during the Lava Hot Springs Zip Line Adventure, which runs for thousands of feet through a private canyon.
- 4 DOWNTOWN IS DELIGHTFUL**  
Our charming, turn-of-the-century downtown is packed with cozy eateries, locally-owned shops, and the friendliest folks you'll have the pleasure of meeting.
- 5 FLOAT AMERICA'S BEST RIVER FOR TUBING**  
Grab your inner tube and hit USA Today's Best River for Tubing! The wild Portneuf includes a stretch of floatable rapids that offer thrills hour after hour. Mid-May to mid-September is the season for river lovers.
- 6 HISTORY IS ALIVE HERE**  
The South Bannock County Historical Center Museum offers permanent and rotating exhibits about our amazing corner of the country — admission is only \$2!
- 7 YOU CAN ALWAYS STAY ANOTHER NIGHT (OR THREE)**  
We boast beautiful lodging options, from historic boutique hotels to welcoming B&Bs and colorful motels, to suit your price range and personal style.
- 8 THE FOOD IS FABULOUS**  
Our locally-owned restaurants serve up everything from the world's best waffles to true Thai food. Grab a quick bite or make a night of it — either way, you won't leave hungry.
- 9 YOU CAN LET THE KIDS GO CRAZY**  
Lava Hot Springs is a safe and cozy little community that's jam-packed with kid-friendly activities. They'll love our fast-paced waterslide, skiing at Pebble Creek Ski Area, or taking their first authentic wagon ride.
- 10 IT'S GREAT FOR GOLFING**  
Hit the links, try your hand at disc golf, or take the kids on a mini golf adventure! We have multiple courses just a short drive away from town.



## EVENTS & ACTIVITIES

Please see the calendar of events posted online at [lavahotsprings.org](http://lavahotsprings.org) for the latest dates on events in and around Lava Hot Springs.



### MUSEUM & VISITOR CENTER

Area brochures, maps, gift shop and information. Local exhibits and special programs.  
(First East and Main Street) 776-5254; \$2 Admission



### JULY 4TH FIREWORKS

Compliments of the Lava Lions Club, the Lava Chamber of Commerce and the City of Lava Hot Springs. Held on the 4th of July every year.



### LAVA FOUNDERS' DAY PARADE

Held each year on the Saturday closest to July 24th; Main Street, 6 p.m.



### GOLF

The Lava Hot Springs Golf Course is a nine-hole course just outside city limits. There is another local course just northwest of Grace (16 miles). In addition there are several golf courses within 30 miles.



### DISC GOLF

Nine holes located across from the Olympic Swimming Complex.



### RIVER TUBING

Rent tubes from various locations and float a stretch of the Portneuf rivers where it winds through the town. Shuttle from take-out to put-in available.



### SWIM OR SOAK

Enjoy a soothing soak in one of the area's natural hot springs. Public hot pools available in Lava and nearby outside of Downey (28 miles). Other hot spring-fed pools available with guest room rental at some hotels. Also water-park fun at the swimming pools in both locations.



### ZIPLINE ADVENTURE

Year-round fun riding several thousand feet of steel cable. Main Street pick-up/return.



### FISHING

Idaho Free Fishing Day, 2nd Saturday in June. Stream, lake, and ice fishing available around the area. License required; available at Sunnyside Sinclair (cash only). More at [www.FishAndGame.Idaho.gov](http://www.FishAndGame.Idaho.gov)



### SKIING & SNOWBOARDING

Nearby ski area (just north of Lava near Inkom) boasts a 2,200-foot vertical drop, 54 runs, large gladed areas, and three lifts.



### CROSS-COUNTRY SKIING & SNOWSHOEING

Available all around the area. Local snow shoe rentals and trails available (Baker Ranch 776-5684). Cross-country skiing is best at Pebble Creek Forest Area, off the Blaser Highway.



### SNOWMOBILING

Tour hundreds of miles of groomed and unimproved trails in Southeast Idaho. Most unplowed forest service roads can be used. Check [www.SEIdaho.org](http://www.SEIdaho.org) for maps and info.



### WAGON RIDES

Scenic wagon rides pulled by draft horse teams (late May thru September).



### MASSAGE & HEALTH SERVICES

Enjoy a relaxing, therapeutic massage from local providers.



### HIKING & BIKING

Hikers will love the Idaho Centennial Trail, which starts at Main Street and winds along the mountainside above town. Mountain bikers flock to the Pebble Creek Trail, a 37-mile loop that winds through the Portneuf Mountains and offers amazing forest views.

Check [www.LavaHotSprings.org](http://www.LavaHotSprings.org) for special events, packages, sales, live music, guest speakers, services, and available lodging. Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on First East and Main Street. Also see: [www.LavaHotSprings.com](http://www.LavaHotSprings.com), [www.FishAndGame.Idaho.gov](http://www.FishAndGame.Idaho.gov), [www.IdahoHighCountry.org](http://www.IdahoHighCountry.org)

Brochures and additional area information available at the SBCHC Museum and Visitor Information Center on the corner of First East and Main Street.

## DINING, LOUNGES, BARS, ENTERTAINMENT

- 01** Café & A'More • 255 E Portneuf St. • 208-776-5504 [riversidehotspringsinn.com](http://riversidehotspringsinn.com)  
Located at the Riverside Inn, this quaint lobby level café features comfortable, conversational seating and free Wi-Fi. Enjoy your morning delights at Café & A' more with an espresso or mimosa accompanied by an array of fresh baked goods breakfast sandwiches and healthy snack prepared by our Pastry Chef.
- 02** Chuckwagon • 211 E Main St. • 208-776-5141 [chuckwagonrestaurant.org](http://chuckwagonrestaurant.org)  
The local's favorite eatery for a homestyle, hearty meal. Whether it be breakfast, lunch or dinner our menu has something for everyone. Gourmet desserts and tasty beverages for all ages.
- 03** Eruption Brewing & Bistro • 15 N. 3rd E. • 208-776-5000 [eruptionbrewing.com](http://eruptionbrewing.com)  
New Brewery & Bistro featuring creative Tapas, Pizza, Espresso, Gelato, and Bakery. Gluten Free and Healthy Options.
- 04** Nectar Gelato & Espresso • 162 E Main St. • 208-776-5000 [nectargetelato.com](http://nectargetelato.com)  
Gelato-Espresso-Bakery including Breakfast Items-Sodas-Smoothies-Snowcones.
- 01** Portneuf Grille & Lounge • 255 E Portneuf St. • 208-776-5504 [riversidehotspringsinn.com](http://riversidehotspringsinn.com)  
The Riverside Inn's Portneuf Grille & Lounge features intimate dining and libations. Open nightly for dinner featuring creative cuisine and decadent desserts, cocktails, wine & beer prepared and served by our professional culinary staff. Summer months offer beautiful outdoor dining.
- 05** Riverwalk Thai Food • 208-776-5872  
Authentic family owned Thai restaurant. Eat in or take out. Relaxed and friendly atmosphere suitable for lunches to casual dining.
- 06** Rooftop Bar • 289 E 1st Alley S • 208-241-7431  
Lava's only rooftop bar right in the center of town. Great views and a fun atmosphere. Kick back and have a great time with us.
- 07** The Greystone Dinner Experience • 187 S 2nd W • 208-776-5959 [lavahotspringsgreystone.com](http://lavahotspringsgreystone.com)  
The Greystone Manor Dinner Experience is a wonderful way to celebrate a special occasion. Four-course dinner for two (or large group up to 102). Dine in or on warm summer evenings, enjoy dinner on the patio. Reservations required.
- 08** The Lava Hotel Waffle Shop • 196 E Main St. • 208-776-5800 [lavahotel.com](http://lavahotel.com)  
Enjoy waffles made with imported belgium pearl sugar for perfect caramelization and crunch. Served with your choice of toppings. Located in the Lava Hotel lobby. Serving hotel guests and the public.

## LODGING: HOTELS, MOTELS, BED & BREAKFAST

- 09** Alpaca Inn • 90 S 1st E • 208-776-5200 • [lavaalpaca.com](http://lavaalpaca.com)  
The Alpaca Inn, located in the center of town, freshly renovated with rustic charm and complete with old fashioned hospitality. Each room provides a garden view seating area, flat screen TV's, DVD players, mini-fridge, micro, etc! Bring the family!
- 07** Greystone Manor • 187 S 2nd W • 208-776-5959 [lavahotspringsgreystone.com](http://lavahotspringsgreystone.com)  
Beautiful bed and breakfast inn with conference facilities, a wedding chapel and a reception center. Able to meet any of your needs including vacation rental homes close-by.
- 10** Lava Condo's at Hot Springs Village • Hwy 30 Annex • 208-776-5445 [lavacondos.com](http://lavacondos.com)  
Lava Condos at Hot Springs Village offers Studio, Bedroom and Family units with full service kitchens, which sleep from two, up to eight! Quiet location; close proximity to "all things Lava!" Rent nightly to weekly! Come stay with us!
- 06** Lava Hillside Suites • 289 E 1st Alley S • 208-241-7431  
Come enjoy a stay at Lava's Newest Hotel right in the center of town. Great views, open spaces, and a fun atmosphere.
- 11** Lava Hot Springs Inn & Spa • 1 N Center St. 208-776-5830 or 208-390-3195 • [lavahotspringsinn.com](http://lavahotspringsinn.com)  
Come to Lava Hot Springs Inn to soak in our hot pools and get a massage! You won't find a friendlier hotel, motel, or bed and breakfast.
- 12** Lions Gate Manor • 10376 S Dempsey Creek Rd. • 208-776-5118 [lionsgatemanor.com](http://lionsgatemanor.com)  
Enjoy Romantic Getaways in our Luxury Themed Suites! Delicious breakfast. Located on 10 acres of peace and quiet only 5 minutes from downtown Lava.
- 13** Lund Store Lodge • 1573 Fish Creek Rd. • 208-316-0147 [lundstorelodge.com](http://lundstorelodge.com)  
Enjoy this Historic vacation rental with a full kitchen. This house is surrounded by wheat fields and meadows, sleeps 10, has beautiful mountain views, and is only 10 minutes from Lava. A place to truly relax!
- 01** Riverside Hot Springs Inn & Spa • 255 E Portneuf St. 208-776-5504 [riversidehotspringsinn.com](http://riversidehotspringsinn.com)  
Nestled downtown next to the Portneuf River, this historic full-service, adult-only hotel offers 3 private hot mineral springs soaking rooms & massage therapy. Onsite dining features the Portneuf Grille & Lounge for dinner & libations and Café & A'more for breakfast.
- 14** Sorensens' Home Hotel • 306 E Main St. • 208-776-5050 [homehotel.com](http://homehotel.com)  
Historic hotel offers natural hot springs in the privacy of your room. Premier downtown location close to World Famous Hot Pools, shops and restaurants.
- 15** Suites of Lava Hot Springs • 63 S 1st E • 208-851-1463 [lavahotspringsnsuites.com](http://lavahotspringsnsuites.com)  
We offer 10 affordable 1 or 2 bedroom self-catering apartment style suites with fully equipped kitchens, living areas and private baths. Let us win you over with our warm hospitality, friendly service and a perfect location.
- 16** The Harkness Hotel • 206 Center St. • 208-254-4340 [theharknesshotel.com](http://theharknesshotel.com)  
We are a family designed and run luxury boutique hotel located in beautiful McCammon Idaho in the heart of Marsh Valley. The Harkness Hotel offers modern luxury infused with historic elegance.
- 08** The Lava Hotel and Spa • 196 E Main St. • 208-776-5800 • [lavahotel.com](http://lavahotel.com)  
Premier lodging to suit everyone's needs. Central location with onsite massage studio, hot springs pool and conference center. Easy access to all that Lava has to offer.

## LODGING: VACATION HOMES, CABINS, APARTMENTS

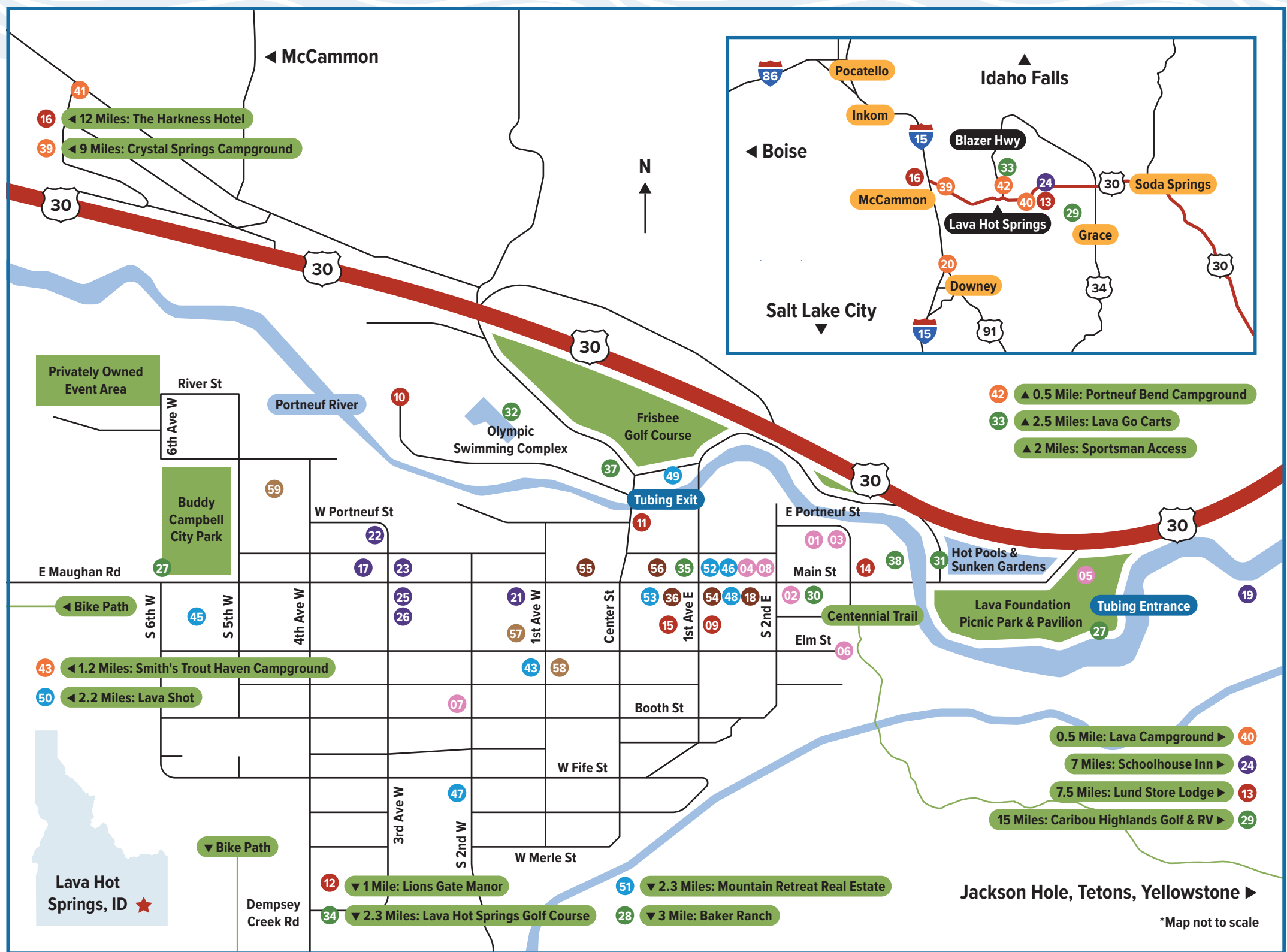
- 17** Adventures Vacation Rentals Cottage • 344 W Main St. • 208-776-5000 [adventuresvacationrentals.com](http://adventuresvacationrentals.com)  
Private 2-bed cottage with kitchen and large yard.
- 18** Adventures Vacation Rentals Office • 155 E Main St. • 208-776-5000 [adventuresvacationrentals.com](http://adventuresvacationrentals.com)  
2 and 3 bedroom suites with kitchens located downtown.
- 04** Adventures Vacation Rentals Suites • 151 1st Alley N • 208-776-5000 [adventuresvacationrentals.com](http://adventuresvacationrentals.com)  
Large 3-bedroom suite with kitchen.
- 04** Adventures Vacation Rentals Villa • 162 E Main St. • 208-776-5000 [adventuresvacationrentals.com](http://adventuresvacationrentals.com)  
2-bedroom suites with kitchens.
- 19** Bristol Cabins & Camping • 200 Bristol Ln. • 208-540-1278 • [bristolcabins.org](http://bristolcabins.org)  
Single room cabins carefully maintained to retain their original historic look and feel while providing modern accommodations such as electricity and heat.
- 20** Downata Hot Springs Resort • 25900 S Downata Rd. • 208-897-5736 [downatahotsprings.com](http://downatahotsprings.com)  
Cabins and house rentals. Resort includes a naturally heated recreation swimming pool, soaking pools, water slides and water playground. Pavilion areas, sand volleyball and basketball court. Enjoy the Poolside Restaurant and Spa.
- 21** George & Lola's Place • 143 W Main St. 385-219-7636 • [lavahotspringsgetaway.com](http://lavahotspringsgetaway.com)  
Walk to Lava Hot Springs pools from this cozy cabin! Peace and quiet make this Lava Hot Springs vacation rental cabin a true escape! Sleeps 8-10 adults. Two bathrooms.
- 22** Kendall's Cozy Cottage • 78 N 300 W • 801-660-8209  
Kendalls Cozy Cottage has plenty of space to accommodate small or large groups. Bring your family or friends on a memorable vacation and stay in once place comfortably. Everything is within walking distance.
- 23** Lava Adventures & Lodging • 286 W Main St. • 208-589-4441 • [lavalodging.com](http://lavalodging.com)  
Relax while you enjoy the comforts and privacy of our clean and cozy vacation homes. Great for families as well as couples. We can help you plan your own personal retreat. Close to hot springs and downtown.
- 24** School House Inn • 1615 Lund Rd. • 360-863-9329 • [schoolhouseinn.com](http://schoolhouseinn.com)  
Originally the Lund School built in 1938, the School House Inn offers all the comforts of home. This 5,500 sq. ft. home includes the original school gym, 5 bedrooms, and 3.5 bathrooms.
- 25** Top of The Town Vacation Rental • 277 W Main St. • 843-222-9091 [lavatopofthetown.com](http://lavatopofthetown.com)  
Nightly vacation rental with enough queen beds to sleep 18. Perfect for family reunions, girls night out and multi-family weekends. Big back yard, covered patio, two living rooms and full kitchen. Just a short walk to everything downtown.
- 26** Viva La Vida Vaction Rental • 72 S 3rd W • 208-251-1390 [vivalavidainlava.com](http://vivalavidainlava.com)  
We offer our guests an immaculate, fully stocked rental home featuring 2-levels, 4-bedrooms, 2-baths, 2-living rooms, and 2-kitchens. Sleeps 14 people, with all the charm and comforts you would expect!

## MASSAGE, SPA, HEALTH & BEAUTY

- 20** Downata Hot Springs Resort • 25900 S Downata Rd. • 208-897-5736 [downatahotsprings.com](http://downatahotsprings.com)  
Resort includes a naturally heated recreation swimming pool, soaking pools, water slides and water playground. Enjoy the Poolside Restaurant and Spa.
- 11** Lava Hot Springs Inn & Spa • 1 N Center St. 208-776-5830 or 208-390-3195 • [lavahotspringsinn.com](http://lavahotspringsinn.com)  
Come to Lava Hot Springs Inn to soak in our hot pools and get a massage! You won't find a friendlier hotel, motel, or bed and breakfast.
- 01** Riverside Hot Springs Inn Spa • 255 E Portneuf St. • 208-776-5504 [riversidehotspringsinn.com](http://riversidehotspringsinn.com)  
The Riverside Spa features three soaking rooms with continuous flow hot mineral springs reserved for the private use of hotel patrons only. Guests can enjoy their onsite hot springs soak followed by a relaxing massage. Reservations required.
- 16** The Harkness Salon & Spa • 206 Center St. • 208-254-4340 [harknesssalonspa.com](http://harknesssalonspa.com)  
The Harkness Hotel offers modern luxury infused with historic elegance.
- 08** The Lava Hotel and Spa • 196 E Main St. • 208-776-5800 • [lavahotel.com](http://lavahotel.com)  
The Lava Hotel and Spa provides massage by licensed professionals. We offer a variety of different modalities to the public and to our guests.

## RECREATION

- 27** 4-Falls Tube Rentals • 597 E Main St. • [gatorubertentals.com](http://gatorubertentals.com)  
Looking for some Lava Family fun? Float the Portneuf in a single, double or quad tube. Life jackets for age 8 and up. Use our shuttle! Walk less! Float more!!
- 28** Baker Ranch • 11716 S Dempsey Creek Rd. • 208-776-5684 [bakerranchlava.com](http://bakerranchlava.com)  
Scenic horse drawn wagon rides June through September includes dinner and western entertainment. Great family or group evening activity. (3 hrs.) Winter activities are snowshoe and x-country ski trails. Snowshoe and boot rentals available. Call for reservations.
- 29** Caribou Highlands Golf & RV • 1750 Gibson Ln. 208-425-3233 or 208-547-7868 • [caribouhighlandsgolf.com](http://caribouhighlandsgolf.com)  
At Caribou Highlands Golf and RV we are dedicated to providing you a quiet and secluded place to stay and play golf.
- 30** Gator Tube Rentals and Shuttle • 255 E Main St. • 208-776-5668 [gatorubertentals.com](http://gatorubertentals.com)  
Looking for some Lava Family fun? Float the Portneuf in a single, double or quad tube. Life jackets for age 8 and up. Use our shuttle! Walk less! Float more!!
- 07** Greystone Manor Event Center • 187 S 2nd W • 208-776-5959 [lavahotspringsgreystone.com](http://lavahotspringsgreystone.com)  
The Greystone Manor Event Center will accommodate most any kind of event. Meetings, reunions, birthday parties, fund-raising galas, corporate retreats or whatever. Call to discuss your needs or use the online reservations request form.
- 03** Lava Float River Rentals • Corner 3rd E. & Main • 208-776-5131 [mountainmayhem.biz](http://mountainmayhem.biz)  
Mountain Mayhem Adventure Rentals 3. 155 E Main Street. Portneuf River tube rentals with shuttle. ATV, Bike and Scooter Rentals.
- 31** Idaho's World Famous Hot Pools • 430 E Main St. • 208-776-5221 [lavahotsprings.com](http://lavahotsprings.com)  
World famous hot mineral pools bubbling out of natural underground springs. Five outdoor pools, dressing rooms, showers, restrooms and coin operated lockers. Souvenir gift shop with snacks and drinks.
- 32** Olympic Swimming Complex • 195 N Center St. • 208-776-5221 [lavahotsprings.com](http://lavahotsprings.com)  
Olympic Swimming Complex with waterslides, diving board & Aquazip. Indoor pool with kiddie cove open year round. Check website for rates and hours of operation.
- 33** Lava Hot Go-Karts • 8068 Blazer Hwy • 385-312-3526  
Lava Hot Go Kart offers fun for all ages on our Bigger updated track. Added this year is (Foam Party Pit) delicious refreshments (shave ice) and awesome swag to help you remember your experience! Visit us on Facebook @lavahotgokarts!



- 34** Lava Hot Springs Golf Course • 9898 E Merrick Rd. • 208-648-4170 [golfalavahotsprings.com](http://golfalavahotsprings.com)  
Fun, challenging golf course in Lava Hot Springs. Nine unique holes with mountain and valley views. Relaxing mountain setting!
- 35** Lava Zipline Adventures • E Main St. • 208-589-1734 • [lavazipline.com](http://lavazipline.com)  
Feel the thrill of Idaho's hottest adventure! The moment we pick you up in our big Army truck the adventure begins. Soar to new heights on the Ziplines along with the high Ropes Course challenge. Open year round.
- 18** Mountain Mayhem Adventure Rentals • 155 E Main St. • 208-776-5131 [mountainmayhem.biz](http://mountainmayhem.biz)  
Portneuf River Tube Rentals With Shuttle - ATV Bike and Scooter Rentals.
- 36** Mountain Mayhem Adventure Rentals #2 • 89 E Main St. • 208-776-5131 [mountainmayhem.biz](http://mountainmayhem.biz)  
Portneuf River Tube Rentals With Shuttle - ATV Bike and Scooter Rentals.
- 37** Portneuf Rapids Tube Rental • 151 N Center St. • 208-251-1446 [lavatubereental.com](http://lavatubereental.com)  
Enjoy America's #1 tubing river!!! Offering quality singles, doubles, triples, and quadruple tubes. Convenient location near river exit and Olympic Swimming Pool. Friendly staff and quick access to shuttle service or river walking path. Lasting memories with family and friends!!!
- 30** River Rat Tube Rentals • 255 E Main St. • 208-776-5668 [gatorubertentals.com](http://gatorubertentals.com)  
Looking for some Lava Family fun? Float the Portneuf in a single, double or quad tube. Life jackets for age 8 and up. Use our shuttle! Walk less! Float more!!
- 38** TPD Tube Rentals • 356 E Main St. • 801-554-5989 • [tpdtubereental.com](http://tpdtubereental.com)  
Open Memorial Day through Labor Day. Single, double, triple or quad tubes. Located on Main Street right next to Lava Hot Springs World Famous Hot Pools and right near the tube put-in locations.

## RVS AND CAMPING

- 39** Crystal Springs Campground • 3369 E US-30 • 208-244-4076 [crystalspringscamping.com](http://crystalspringscamping.com)  
Crystal Springs Campground is dedicated to providing you a memorable outdoor experience. The natural beauty that surrounds our campground allows our campers to disconnect from busy lives to enjoy a peaceful stay. Located only 7 miles from Lava Hot Springs.
- 20** Downata Hot Springs • 25900 S Downata Rd. • 208-897-5736 [downatahotsprings.com](http://downatahotsprings.com)  
Resort includes a naturally heated recreation swimming pool, soaking pools, water slides and water playground. Campground with RV sites, teepees, yurts, tenting, pavilion areas, sand volleyball, basketball court, and Conestoga wagons. Enjoy the Poolside Restaurant and Spa.
- 40** Lava Campground • 11759 Fish Creek Rd. • 208-241-7540 [lavacampground.com](http://lavacampground.com)  
Lava Campground is a family owned campground and is unique with vintage campers for rent, glamping wall tents and spacious RV and tent sites. Come enjoy the friendship and warmth and feel at home while you are here.
- 41** Lava Mobile Estates Campground • 10255 E Old Oregon Trail Rd. 208-776-5122 • [lavamobileestatescampground.com](http://lavamobileestatescampground.com)  
Riverside campsites for tents and trailers. Lots of room to run and play. Private river access for fishing, swimming, tubing and playing in the water on those hot days.
- 42** Portneuf Bend Campground • 9250 S Blazer Hwy • 208-530-1595 [portneufbendcampground.com](http://portneufbendcampground.com)  
Great country camping along the Portneuf River with lots of space for fun and games. Group gatherings and family reunions are welcome! Enjoy the activities in nearby Lava Hot Springs then relax by your campfire under star studded skies.

- 43** Smith's Trout Haven Campground • 9589 E Maughan Rd. [smithstrouthaven.com](http://smithstrouthaven.com)  
Smith's Trout Haven is a Family Friendly campground with playgrounds and open grassy areas for activities, as well as a stocked trout pond. The perfect place for a get-away or an extended family get together.
- 44** City of Lava Hot Springs • 115 W Elm St. • 208-776-5820 [lavahotspringscity.com](http://lavahotspringscity.com)  
Visit our website for information about local government resources.
- 45** HealthWest • 208-776-5202 • 85 S 5th W • [healthwestinc.org](http://healthwestinc.org)  
Offering a wide variety of healthcare services that include: Medical, behavioral health, and more!
- 46** Ireland Bank • 146 E Main St. • 208-776-5656 • [ireland-bank.com](http://ireland-bank.com)  
ATM, Equal Housing Lender, Member of FDIC
- 15** Julie Hill - Better Homes & Gardens Real Estate • 63 S 1st E • 208-851-2667 [juliehillrealestate.com](http://juliehillrealestate.com)  
Local Realtor with Better Homes & Gardens Voigt Davis specializing in Lava Hot Springs properties. Whether you are looking for a primary residence, a business opportunity or your perfect vacation getaway, Julie is dedicated to helping YOU accomplish YOUR dream.

- 47** Lava Elementary School • 249 W Fife St. • 208-776-5281 [lavahotspringsliquor.com](http://lavahotspringsliquor.com)  
Liquor - Lottery - Craft Beer - Wine - Spirits
- 49** Lava Senior Services • 150 N Center St. • 208-776-5569  
Lunch served at noon on Monday, Wednesday and Friday. Building can be rented for reunions, meetings or small conventions.
- 50** Lava Shot • 9163 Merrick Rd. • 208-540-1948  
Photo services to suit your needs.
- 51** Mountain Retreat Real Estate • 9898 E Merrick Rd. • 208-251-1446 [lavahotspringsrealestate.com](http://lavahotspringsrealestate.com)  
As a life long resident, Randy Benglan is passionate about living in and recreating to Lava Hot Springs, Idaho. Randy feels incredibly blessed to work with amazing clients who become his friends and a strong part of the Lava community!
- 52** South Bannock County Historical Center Museum • Corner 1st East & Main St. 208-776-5254 • [lavahistoricmuseum.weebly.com](http://lavahistoricmuseum.weebly.com)  
Open Daily 12.00 pm. - 5:00 p.m. The museum offers exhibits about the history of the Lava Hot Springs area and surrounding communities.
- 53** South Bannock Library District • 33 E Main St. • 208-776-5301 [southbannocklibrary.org](http://southbannocklibrary.org)  
Books, periodicals, movies, CD's, e-books and audio books, photocopying, faxing, public internet access. Programs for adults and children.
- 50** Taj Audio • 9163 Merrick Rd. • 208-540-1948  
DJ services for your next event.

## SHOPPING

- 09** The Alpaca Inn Gift Shop • 90 S 1st East • 208-776-5200 • [stay@lavaalpaca.com](http://stay@lavaalpaca.com)  
We raise Alpacas 6 miles from the Inn and we have an Alpaca Store in the office! We have hand knit gloves, hats, scarves, shawls, slippers, children's hats, booties, socks, etc... Handcrafted Alpaca rugs, blankets, coverlets, and jewelry.
- 36** Dempsey Creek Trading Co. • 89 E Main St. • 208-776-5665 [dempseycreektrading.com](http://dempseycreektrading.com)  
Western Jewelry Art and Decor including mocassins cowhides and knives.

- 54** Lava Ace Hardware • 105 E Main St. • 208-776-5113 • [acehardware.com](http://acehardware.com)  
Stop by our hardware store and let us help you in person. You'll find out why we are Ace...The Helpful Place.
- 55** Mike's Market • 30 Main St. • 208-776-5067  
Mike's Market offers fresh produce, fresh in store cut meat, bakery with fresh donuts, deli, dairy, and a large beer cave.
- 18** Mountain Mayhem Retail Store • 155 E Main St. • 207-776-5131 [mountainmayhem.biz](http://mountainmayhem.biz)  
Swimwear-Waterhoses-Lava Hot Springs Souvenirs & T-Shirts-Roxy- Quiksilver.
- 56** Purple Moon World Market • 50 E Main St. • 208-776-5475 [purplemoonworldmarket.com](http://purplemoonworldmarket.com)  
Artistic Jewelry - Gems - Art - Home and Garden Decor.
- 15** Whimsy • 63 S 1st E • 208-851-1463 • [whimsyoflava.com](http://whimsyoflava.com)  
Local and Idaho souvenirs, one of a kind jewelry, boutique clothing, western purses—always something new and unique! Located at the Suites of Lava Hot Springs and next to Ace Hardware in our mobile bus boutique.

## CHURCHES

- 57** Lava Community Church • 118 Elm St. • 208-776-5661 [vmchurches.org/c/lava-community-church/](http://vmchurches.org/c/lava-community-church/)
- 58** Our Lady of Lourdes • 132 S 1st St. W • 208-547-3200 [sites.google.com/site/goodshepherdidaho/](http://sites.google.com/site/goodshepherdidaho/)
- 59** The Church of Jesus Christ of Latter-day Saints • 437 West Spring [churchofjesuschrist.org](http://churchofjesuschrist.org)

