



# Spring Into WELLNESS

Lava Hot Springs, Idaho  
June 13th & 14th, 2025



Speakers  
Classes  
Labyrinth Walk  
Lunch Provided



Sunset Yoga  
Magic Flutes  
Sound Bath



Swag Bag  
Vendors



Schedule and Information  
[lavahotsprings.org/event/wellness](http://lavahotsprings.org/event/wellness)  
[findout@lavahotsprings.org](mailto:findout@lavahotsprings.org)

